

WESTVIEW ORCHARDS & WINERY

# Sunset Yoga In The Apple Orchard

THURSDAY, SEPTEMBER 24 AT 6:00-8:00PM

Join UpDog Yoga at Westview Orchards & Winery!



**\$30 per person includes Yoga Class, Wagon Ride, Cider & Donut**  
**Pre-registration with Westview required:**

<https://westvieworchardsandwinery.ticketspice.com/apple-orchard-yoga>

**586-752-3123**

Enjoy a wagon ride into the middle of Westview's picturesque orchards to appreciate all that nature has to offer and enjoy a Basic Yoga Class with UpDog Yoga. Take in the evening sunset, breathe the fresh Fall air, and feel your stress disappear in the quiet stillness of the orchard!

We'll escort you via wagon ride to the apple orchard for a one-hour Basic Yoga class. We then invite you back to the Cider Barn and picnic area for a refreshing glass of cold apple cider and an award-winning Westview Cider Mill Donut:

- 6:00PM – Please arrive 15 min. early for check-in
- 6:15PM – Wagon Ride To Apple Orchard
- 6:30PM–7:30PM– Basic Yoga Class In Orchard
- 7:30PM-8:00PM Wagon Ride Back, Cider & Donut

All ages and Yoga skill levels are welcome (children must be accompanied by an adult). Bring your Yoga mat, towel and face covering (face masks can be removed at your discretion once on your mat during outdoor class).



Westview Orchards & Winery is located at  
65075 Van Dyke in Washington, MI  
(corner of 30 Mile Rd. and Old Van Dyke)

**Space is limited. Pre-register online with Westview Orchards & Winery:**

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[www.updogyoga.com](http://www.updogyoga.com) 210 W. University Dr., Rochester, MI 48307 | 248.608.6668  
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